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COMMUNICATE & ENGAGE

(What to do when you take offence)

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The Laughter Dinner
Speaker ®

Ideal for golf days and
summer balls

After Dinner, Event &
Motivational Speaker

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Dear John

So there I was having a complimentary health check. Even though I was asked to remove all my clothing I insisted on keeping my socks on. I thought that if there was a fire and I had to run outside the building I wouldn't want to look silly.

Now let's be open, with regards to my physique, we all know I am on the er... cuddly, that's it, the cuddly side. I have a little puppy fat, which at the age of 50 I'm sure I'll grow out of soon... all 5 stone of it. In my opinion I'm actually at my perfect weight; it's just that I need to be taller by 93 cms.

Anyway, the young man carrying out the examination was being trained to give advice at a wellness clinic and having chosen to start a new health regime I agreed to be a guinea pig.

The time came to measure my waist, and these are the actual words he used as he placed one end of the tape measure just above my belly button.

'Just hold that there please, while **I take a walk around here**'.

What!!!!!!! I kid you not, those were his exact words. I know I'm a big boy, but I'm not THAT big that you have 'to take a walk' around me to measure my waist. Or maybe I am, maybe the next time I visit my tailor and he's measuring my waist he might have to take a trip round my body by public transport.

Well... I laughed out loud, hey after all I am '[The Laughter Dinner Speaker](#)', I thought it was so funny. I think most people would find it funny; some of course... wouldn't.

He didn't, but only because he thought he'd offended me and was embarrassed at his faux pas. Of course he did the right thing and apologised immediately.

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You are receiving this newsletter because I've either worked with you, you've seen one of my presentations or I've met you networking.

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It reminded me that we all have the power to control our feelings, even though at times it may be challenging.

Think about it, the expression we use is 'take offence'; he or she 'took offence'. We never use the expression he or she 'gave offence'.

I pointed out to my friend his choice of words, but it was up to me whether I was going to get upset about it or not.

How often do we take ourselves too seriously? How often do we focus on something we can't control and worry about it? How often do we spend time and energy on something that makes us feel inadequate, angry and frustrated?

Wouldn't it be better to focus on something that makes us feel good and empowered? Something that would be a solution we need? Something that will aid in our growth, learning and happiness?

Next time someone says something you don't like, don't 'take offence', ignore it, laugh it off, move on, take pride, learn a lesson from it, take control.

Just a thought.

The Sneaky Stunt - Right brain versus Left brain

Here's a sneaky stunt you can enjoy the next time you're having a little chill time with family, friends and work colleagues.

I bet you that you can't draw the number 6 in the air with your right hand (or left hand if you write with your left hand) continuously while making your right foot (or left foot if you're left handed) swing in a circular clockwise direction continuously.

Go on John, you know you want to try it now, it's easy... isn't it?

The chances are you won't be able to do it unless you've had a lot of practice.

The Challenge - For a bit of fun, I challenge you to drop this useless fact in to your next conversation

The British Parliamentary Select Committee in 1878 said of electric lighting, *"Good enough for our transatlantic friends... but unworthy of practical and scientific men"*.

Yup, that's what I thought. That electricravery will never catch on.

I Can't Believe They Said That, or... Doooh!!!

Sign on a laundry shop in Rome:

"Ladies, leave your clothes here and spend the afternoon having a good time."

It's not just the ladies being encouraged to have 'a good time'. Let's pop over to Bangkok and look at a sign at a dry

cleaner's there:

"Drop your trousers here for the best results".

... er, is it me or is the clothes cleaning industry trying to tell us something?

John Recommends

Leaders Café

I may or may not have mentioned before my friend Kwai Yu who is a remarkable man with a remarkable goal...

He runs an online social enterprise to provide remarkable online **affordable leadership learning** available to everyone.

And by leadership he means either you leading others or leading yourself to success and fulfilment.

This is a phenomenal resource with great content, inspirational, thought provoking ideas and webinars, which some of my other newsletter readers find very useful.

...oh his goal, **to help 20 million people by 2020 to be the best they can possibly be and achieve their goals.**

Now THAT'S a purpose.

His aim is to help private and public enterprises, communities and our society to build pioneering leadership capacity.

To find out more [clickerate here](#). You can either become an associate member for free or a full member for a fee and if you do decide to join you can get a 20% discount by using the introductory code 'MAGIC2020' (it has to be in upper case).

I love it, I'll let you decide for yourself.

... and finally

When looking for a hilarious after dinner, business and motivational keynote speaker with a difference for your next conference or event, I might just be the right fit.

My clients say I have a knack of making my audiences feel good about themselves, as well as improving communication and engagement between them, which means more business gets done and that means an improvement to the bottom line.

If you're organising an event and want your people to engage with each other more efficiently and effectively, and you're looking for a unique speaker to help you achieve that then please [click here](#) for more information.

Better still, John, pick up the phone now and call me on 01274 685152 to discuss how I can help you make your next event not just a success, but an investment in which you'll receive a return.

Have a great week.

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